

# STEPS TO RECOVER YOUR PASSWORD

1. Go to <https://sso.osm.no/Account/ExternalUserForgotPassword>
2. Enter your email and click on Recover My Password Button

My Applications Log in

OSM Single Sign On > Log-in > Forgot Password

### Forgot Password

ⓘ If you are a Seafarer, please use your email to recover your password. If you are an Office Personnel, please change your password on <https://passwordreset.microsoftonline.com>.

E-mail: s @gmail.com

Recover My Password Cancel

3. Message below will appear

My Applications Log in

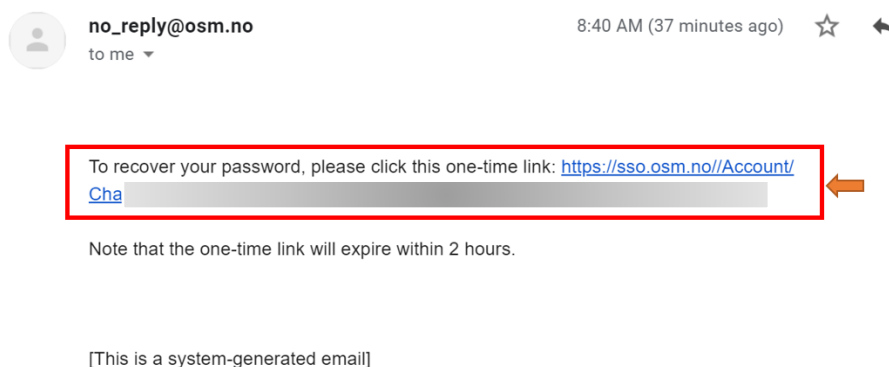
OSM Single Sign On > Log-in > Forgot Password

### Forgot Password

✓ An instruction was sent to 's @gmail.com' on how you can recover your password.

Go To Login Page

4. Open your email and look for an email from **no\_reply@osm.no** and click on the link provided. It should redirect you to password change screen.



5. Enter New password and click on Change My Password Button

**Note: password must be a minimum of 6 characters with a combination of an alphabet, number and special characters like '! @ #'**

My Applications Log in

OSM Single Sign On > Log in

### Change Password

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New Password:  \* (minimum 6 characters, including numbers and special characters)


Confirm New Password:  \*

My Applications Log in Change Password

OSM Single Sign On > Log-in > Change Password

### Change Password

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 Your password has been changed successfully and account has been activated.

Kindly let us know if you still cannot reset your password. Email to <mailto:support@osmit.no> for further assistance.